



## ISABELLA HUFFINGTON

Artist, Introvert, Romantic

### WHAT'S YOUR MOTTO?

Change the channel. My grandmother used to always say that to me when I would get fixated on one thing or another. And since I'm an obsessive, perfectionist that was basically all the time.

### WHAT'S ON YOUR NIGHTSTAND?

Oh dear, it's a mess. A photo of my mom and my sister, a bunch of books that, according to the internet, I must read in my lifetime but I don't actually want to, my kindle with the books I actually want to read, a box of toffee, a bottle of perfume, body lotion.

### WHAT GIVES YOU GOOSE BUMPS?

Videos of military moms and dads reunited with their children.

### WHAT IS YOUR BAD DAY BACKUP PLAN?

Breakfast in the bath. Then having to take a shower because I spilled my breakfast in the bath.

### WHAT ARE YOU GRATEFUL FOR?

My mom. Every day.

### HOW DO YOU DEFINE SUCCESS?

Going to bed most nights incredibly excited about the next day.

### BEST ADVICE YOU'VE EVER RECEIVED?

"There were many terrible things in my life, but most of them never happened." From Montaigne's mouth to my mother's to me.

### BEST ADVICE YOU'VE EVER GIVEN?

No one thing you do defines you as a person. We define ourselves by the million little things we do everyday, every week, every month, and every year.

### WHAT ARE YOU WORKING ON NOW THAT YOU ARE EXCITED ABOUT?

I'm collaborating on a dress with Design Now. I love the idea of wearable art and blending fine art and fashion. I'm incredibly interested in art and accessibility and how to make art a bigger part of our everyday lives.

### HOW DO YOU PRESS PAUSE?

I watch Buffy the Vampire Slayer, eat my weight in peanut butter toast, and do a nightly gratitude list with my mom and aunt. In which I always mention my gratitude for peanut butter.

### WHAT DID YOUR 8-YEAR-OLD SELF LOVE DOING?

I was completely obsessed w use correctly. Hypocrite was the second. drawing my bunnies, dressing up as a bunny. I used to refer to myself as Isabunny and make everyone do the same.

### IF YOU COULD HAVE ONE MAGIC POWER WHAT WOULD IT BE?

The power to fall asleep and stay asleep on command. The idea of lying down and instantly falling asleep and staying asleep for the whole night sounds magical.

### WHAT MAKES YOU FORGET TO EAT?

When I'm really engaged in a painting I'll forget to eat. But I turn into a complete terror when I'm hungry so this is very unfortunate for everyone around me.

### WHAT 3 THINGS WOULD YOU GRAB IN A FIRE?

Is it terribly millennial of me to say my computer? I will leave my phone though to fight against the stereotype. Also my stuffed bear Roger and my favorite painting I've made called Catherine.

### WHAT IS THE HARDEST THING YOU'VE EVER DONE - YOUR GREATEST CHALLENGE?

I'm a people pleaser. So every time I ask for what I want, even if it's going to ruffle people's feathers, it's going outside my comfort zone.

### FAVORITE WORD? WHY?

Zeitgeist. It's just such a fun word to say. It was also the first ten cent word I ever learned and could use correctly. Hypocrite was the second.

### FAVORITE WORK OF ART? WHY?

Rothko No. 3. It was at my college art gallery and become one of my favorite places to go and get time on my own.

### FAVORITE BOOK? WHY?

Tiny Beautiful Things because every time I pick it up it's relevant to my life in a new and interesting way.

To learn more about Isabella visit her website, [Isabella Huffington](#), check out her mixed media works at [One Kings Lane](#) and follow her at:

